

CERTIFICATE OF PARTICIPATION

This is to certify that

Ross Friend

Has successfully participated & completed the

12km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

TIME 01:58:15

PACE 09:51/km

OVERALL 22 of 145

GENDER 19 of 80

OPEN 13 of 42

29 July 2018, Sun

Date



BoutTime

Signature

